

## USPC FLOW CHART

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<b>Riding Test Expectations</b>	<b>Candidates should demonstrate an independent seat and effective tactful use of aids on the flat and over fences. Candidates should ride each horse forward while establishing and maintaining a regular pace with the horse accepting the aids; be confident in coping with disobedience; be able to explain the application and reasons for aids and to discuss the basic principles of dressage.</b>
Riding on the Flat	Demonstrate warm up for work on the flat. Discuss the reasons for warm-up, the amount of time required for the horse being ridden, and why. Be prepared to ride the following movements, demonstrating accurate and smooth transitions and correct use of the aids: Serpentine, 3 loops sitting and/or posting at the trot Change of rein across the diagonal 10 meter half circle, walk and/or trot 20 meter circle, sitting trot and/or canter Canter change of lead through walk and/or trot Lengthening of stride, at trot and/or canter Leg-yielding, walk and/or trot Reinback
Riding over Fences	Discuss the benefits of cavaletti/trotting poles and know how to adjust distances for own horse. Demonstrate warm-up for jumping, including work over cavaletti. Demonstrate ability to ride over fences at height not to exceed 3'7". Course to include combination fences. Critique performance in relating to the effectiveness of the riding plan. Ride without stirrups over a grid showing a secure and independent seat. Ride without stirrups over 2 or 3 fences. Demonstrate ability to ride a different horse over fences with tact and confidence. Critique performance, showing understanding of causes of any disobediences.
Riding in the Open	Demonstrate a knowledge of pace, and galloping position when appropriate, for an estimated 240 m/m, developing to 350 m/m and 400 m/m. Ride own horse over a variety of cross country fences at height not to exceed 3'7". Candidates may be asked to demonstrate ability on a different horse over several natural fences. Critique performances, showing understanding of causes of any disobediences. Time allowing and terrain suitable, ride safely in a group at a controlled trot and canter, to include several natural fences if available.
<b>Horse Management Expectations</b>	<b>Candidates must demonstrate sound judgment and maturity in the care of horses and equipment and an understanding of the reasons for what they are doing They must show, through discussion, knowledge of veterinary care, longeing, and teaching principles.</b>
Presentation of Horse and Rider	Correct formal or informal attire. The candidate is to be dismounted, standing in front of and facing the horse, holding one rein with each hand, close to the bit. Thumbs should not be hooked into bit rings. Spurs are optional. Horse to be clean, showing results of effective daily grooming. Tack to be safe and clean, indicating consistent care. Discuss the purpose and correct fit of horse's equipment, as well as different types of bits, bridles, nosebands, breastplates, cruppers, and boots.
Nutrition	Relate feeding principles to their effect on the horse's digestive system. Discuss the 6 classes of nutrients and why they are needed. Discuss the nutritive value of own horse's feed and supplements. Evaluate hay, grain, and bedding as to suitability and safety.
Stable Management	Discuss the life cycle of internal parasites and the preventive measures for strongyles, bots, ascarids, large stomach worms, pinworms.
Conformation Lameness	Discuss the anatomy of the front and hind leg from shoulder and hip down, to include principal bones, tendons, and ligaments. Discuss conformation, both good and not so good, of horse being presented. Have knowledge of what makes good conformation desirable. Discuss conformation of the horse as it relates to interfering, over-reaching, forging. Discuss the following common causes of lameness, giving location and inner structure involved: navicular sidebone ringbone splints osselets bog and bone spavins curb bowed tendon bucked shins cracks corns suspensory problems
Travel Safety	Discuss trailer care and travel preparation.
Record Keeping	A record book (health, maintenance, immunizations) must be kept up to date and brought to the test.
Foot/Shoeing	Discuss the structure and function of the hoof. Discuss shoes, different types for specific reasons, fit to hoof, and removed.
Health Veterinary Knowledge	Determine and discuss age by teeth on presented horse. Discuss special problems such as over or under shot mouth, cribbing, and reasons for floating periodically. Discuss colic, laminitis/founder, azoturia/tying up, common diseases, and respiratory ailments. Discuss signs of a horse in distress (including vital signs) and care needed.
Teaching/Training	Discuss the care of D and C Pony Clubbers to keep them safe, interested, and happy during a lesson situation. Discuss and compare courses suitable to be ridden by a D, C, or B Pony Clubber.
Lunging	Discuss proper fit and use of equipment. Discuss how to teach a horse to longe. Discuss benefits and dangers of longeing the horse. Discuss benefits and dangers of longeing the rider. In addition, lunge own pony appropriate to its ability, at the walk, trot, and/or canter for warm-up, to include free forward movement, and establish regular rhythm. Side reins are optional.
Bandaging	Demonstrate shipping, stable, and tail bandages; Discuss materials used, reasons for wrapping, and potential dangers.