



**Tetrathlon Uniform Size Sheet**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Please indicate you sizes below.

	Unisex Size	Chest	Waist	Length
Polo shirt,	_____	_____	_____	_____
Track suit,	_____	_____	_____	_____
Swimsuit,	_____	_____	_____	_____
Running shorts	_____	_____	_____	_____

Polo Shirts, track suits, swimsuits, running shorts and 2 pieces of luggage are standard for all exchanges.

In addition, each member should plan to bring a navy blazer, white shirt/blouse and khaki slacks/skirt and appropriate shoes. USPC will supply ties and exchange pins for all exchanges.

If you have any special requests, please list them below.

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